

# THE PSYCHOLOGY OF ELITE PERFORMANCE

# BREAKING BARRIERS TO UNLOCK YOUR POTENTIAL

## From Borderline to Brilliance

LEADERS

SALES  
PROFESSIONALS

SENIOR  
EXECUTIVES



## SPEECH OUTCOMES

### DEFINE YOUR MISSION

Establish a clear **mission** and strategy for purpose-driven performance.

### DESIGN YOUR MINDSET

Foster a growth-oriented **mindset** to overcome mental barriers and build resilience to achieve desired performance outcome.

### REFINE YOUR MASTERY

Achieve consistent performance by identifying and closing skill gaps through **mastery**.

## WHAT SETS SAKTHI APART?

- 1 Proven Track Record Across Multiple High-Performance Fields:** Sakthi's journey as an Airborne Ranger, Entrepreneur, and Ironman triathlete combines real-world insights from high-performance arenas, delivering impactful lessons in leadership, resilience, and elite performance.
- 2 Practical, Actionable Strategies Rooted in Mission, Mindset, and Mastery:** His approach goes beyond inspiration, offering actionable strategies for mission clarity, growth mindset, and skill mastery. His proven 'TRIPLE M STRATEGY' model empowers audiences with practical steps for immediate progress.
- 3 Dynamic Storytelling and Authentic Engagement:** His ability to captivate audiences with dynamic storytelling, honed through personal experiences and challenges, allows for deeper audience connection. His authenticity and relatability make his sessions more than just speeches—they're transformative experiences that drive lasting impact.





IRONMAN  
TRIATHLETE



AIRBORNE  
RANGER



ENTREPRENEUR

## SAKTHIVEL THEVAR

SPEAKER | PERFORMANCE COACH

Given more than 100 speeches, engaging thousands of audiences in more than 7 countries on Elite Performance since 2012.

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## SPEAKER BIO

*Sakthivel Thevar is a dynamic and inspirational speaker with more than 25 years of experience as an Airborne Ranger, Entrepreneur, and Ironman Triathlete, who is dedicated to guiding professionals and leaders toward achieving 'Elite Performance.'*

*An award-winning leader in sales, Sakthi's journey equips him to help others thrive under pressure and excel in competitive environments. His keynotes and personal coaching inspire and empower professionals to build resilience, clarify their mission, and achieve mastery in their fields.*

WORKSHOPS

KEYNOTES

COACHING



## TESTIMONIALS

“Mr Sakthi participated in Biomed Global Learning Festival as a guest speaker. His topic presentation was ‘Achieving Elite Performance for Desired Results in the Workplace.’ Fantastic content, good case studies shared, and practical solutions to achieving lasting success. Biomed Global looks forward to more collaboration with Mr Sakthi on people development workshops and coaching sessions.”

Loo Leap Han

Group Head of Talent Management  
Biomed Global

“Inspiring and motivating, that is what comes to mind if I describe Sakthi’s performance in his recent talk titled ‘Achieving Elite Performance for Leaders’, conducted for Malaysia Aviation Group specifically for MASwings in Sabah and Sarawak. We thoroughly enjoyed the session and it became the topic of the day for us! His passion and energy is obviously his strength as he captures the audience with his inspiring stories!”

Melissa Crocker

Senior Executive, Human Capital  
Malaysian Aviation Group

## Client List

